

Excelsior Orthopaedics

2024 referral guide by specialty

Referring provider: _____ Today's date: _____

Patient name: _____ DOB: _____

Notes/diagnosis: _____

Sports Medicine

Dr. Jason Matuszak A OP NF

[concussion]

Dr. Todd Lorenc A OP

[concussion]

Dr. Adam Burzynski A NF EA

Dr. Donald Douglas OP EA

Dr. Peter Gambacorta A EA

Dr. David Pula A OP

Dr. Andrew Stoeckl A OP

Dr. Ryan Wilkins A NF

Dr. Matthew Zinno A EA OP

Knee & Leg Care

Dr. Adam Burzynski A NF EA

Dr. Donald Douglas OP EA

Dr. Peter Gambacorta A EA

Dr. Patrick Hlubik A EA

Dr. Matthew Mann A OP

Dr. David Miller A OP

Dr. Michael Ostempowski A OP

Dr. Michael O'Leary EA OP NF

Dr. David Pula A OP

Dr. Andrew Stoeckl A OP

Dr. Daniel Vargo A OP

Dr. Nicholas Violante A NF

Dr. Ryan Wilkins A NF

Dr. Matthew Zinno A EA OP

Foot & Ankle Care

Dr. Matthew Mann A OP

Dr. David Pochatko A EA

Podiatry

Dr. Chris Keating AP EA

Dr. Daniel Keating AP OP

Dr. Noah Newsome AP OP NF

Dr. Jude Violante AP NF

Shoulder, Arm, & Elbow Care

Dr. Adam Burzynski A NF EA

Dr. Donald Douglas OP EA

Dr. Peter Gambacorta A EA

Dr. Patrick Hlubik A EA

Dr. Kevin Lanighan EA

Dr. Timothy McGrath A NF

Dr. Michael O'Leary EA OP NF

Dr. David Pula A OP

Dr. Kory Reed A OP

Dr. Andrew Stoeckl A OP

Dr. Ryan Wilkins A NF

Dr. Matthew Zinno A EA OP

Pain Management & Physical Medicine

Dr. James Behr A EA NF

Hip Care

Dr. Peter Gambacorta A EA

Dr. Patrick Hlubik A EA

Dr. Matthew Mann A OP

Dr. Michael Ostempowski A OP

Dr. Michael O'Leary EA OP NF

Dr. David Pula A OP

Dr. Daniel Vargo A OP

Dr. Nicholas Violante A NF

Dr. Ryan Wilkins A NF

Hand & Wrist Care

Dr. Jared Carlson A NF

Dr. John Callahan A OP

Dr. James Kelly A OP

Dr. Kevin Lanighan EA

Dr. Timothy McGrath A NF

Dr. Kory Reed A OP

Dr. Dale Wheeler A

General Orthopaedics & Consultations

Dr. Thomas

Lombardo, Jr. A EA OP

Dr. Frank Luzi, Jr. EA

A **Amherst**
3925 Sheridan Dr.

OP **Orchard Park**
260 Redtail Rd.

AP **Amherst - Podiatry**
4020 Sheridan Dr.

EA **East Amherst**
8750 Transit Rd.
Suites 100, 105, & 120

NF **Niagara Falls**
10195 Niagara Falls Blvd.,
Suite 100

[716] 250-9999

excelsiorortho.com



Excelsior Orthopaedics

2024 services guide

Hand and Upper Extremity Care

Excelsior specializes in the diagnosis and treatment of injuries and chronic conditions of the hands, arms, elbows and shoulders. Our orthopaedic surgeons are leaders in the full range of upper extremity problems - from carpal tunnel syndrome and trigger finger to rotator cuff tears and shoulder arthritis. They also use the most progressive non-surgical alternatives to relieve pain.

Physical & Occupational Therapy

Excelsior offers superior therapeutic care with highly skilled physical and occupational therapists, who work closely with your physician to create a customized plan, designed to address your specific needs and get you back to your daily life.

Advanced Imaging/MRI

Excelsior takes pride in offering state-of-the-art diagnostic technology. All our clinics offer on-site x-ray, and Amherst, Orchard Park and Niagara Falls offer MRI.

Nutrition Counseling

Whether you want to fuel for a marathon, manage inflammation and disease, or lose weight for improved joint surgery outcomes, our team of registered dietitians specialize in helping you make realistic lifestyle changes and teaching you how food can maximize athletic performance. Our dietitians can help with general weight loss, diabetes management, and more.

Lower Extremity Care

Our orthopaedic surgeons routinely perform the most advanced surgical procedures, including minimally invasive joint reconstruction and total joint replacement, covering all lower extremities, including: hips, knees, legs, ankles and feet, which are among the most common places people experience injuries and degenerative conditions. Our foot and ankle physicians blend orthopaedics, podiatry, sports medicine and physical therapy.

Interventional Pain Management

Excelsior offers progressive pain management therapies that are minimally invasive. Using the most innovative medical technology available - from radio frequency ablations to joint injections and epidurals - our clinical experts are the best for treating pain through non-surgical joint care.

Excelsior Express

Located at all four main clinical locations, Excelsior Express is urgent care for orthopaedic injuries. Get specialized medical attention quickly, with imaging and casting all under one roof -at night and on Saturdays, too.

Durable Medical Equipment

We provide top quality medical equipment and supplies, including off-the-shelf products and custom made braces or splints. Our expert staff will ensure a proper fit, giving you the care and attention you deserve.

Total Joint Replacement

Excelsior's orthopaedic surgeons are leading the way in hip, knee, and shoulder replacement. Excelsior was the first orthopaedic practice locally to offer "hospital-free" joint replacement - allowing qualified patients to have joint replacement surgery without spending any time in a hospital. Our on-staff dietitians can help you improve your post-operative outcomes.

Sports Medicine & Sports Performance

Our Sports Medicine and Sports Performance team includes highly trained specialists in every aspect of athletic care, including sports medicine doctors, surgeons, athletic trainers, dietitians, therapists, and strength & conditioning specialists. All work together to ensure you get what you need to be your best - from caring rehab to performance development. Our dedicated Sports Performance center is located at Flash Fields in Elma, NY. Download the Excelsior Orthopaedics app for classes & packages.

Buffalo Surgery Center

Located within our Amherst campus, our world-class ambulatory surgery center hosts total joint replacement, orthopaedic surgery, & endoscopy procedures across two buildings.

